



Southern Indian Health Council, Inc.  
4058 Willows Road, Alpine CA 91901 619-445-1188

# 11th Annual Native American Men & Women's Wellness Conference

**When:** Thursday, October 29, 2009

**Where:** Barona Valley Ranch Golf Event Center  
1932 Wildcat Canyon Road, Lakeside, CA 92040

**Time:** 8:00am - 5:00pm

**Admission is  
Free!**

- Native Speakers
- Vendors
- Resource/Informational Tables
- Health Screening

**Food &  
Raffles!**

## REGISTRATION INCLUDES:

Continental Breakfast, Lunch, Conference bag and T-shirt!

*(REGISTRATION REQUIRED-SEE BACK OF FLYER)*

*For more information regarding the conference contact*

*Helen Fields at 619-445-1188 ext. 227 \* Email [hfields@sihc.org](mailto:hfields@sihc.org)*

*For registration information contact Esmeralda Flores at 619-445-1188 ext. 238*

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